

Virginias Chapter, Club Managers Association of America

Half Day Workshop

Tuesday, April 13, 2010

At:

**The Dominion Club
6000 Dominion Club Drive
Glen Allen, VA 23059**

Host: Sean McLaren
(804) 360-1200

Topic: Increasing your Leadership Power while Managing Stress

Speaker: Dr. Jerry Keplitz

PROGRAM DESCRIPTION

**INCREASING YOUR LEADERSHIP POWER WHILE
MANAGING YOUR STRESS**

Have you ever had a negative and stressful day as a leader? How did you feel at the end of it? Tired, drained... Now, have you ever had a positive upbeat day as a leader? How did you feel at the end of it? Energized. What if you could create every day to be a great stress free day for yourself? What would that do to your abilities and success being a leader? Well-known author and top-rated speaker Dr. Jerry V. Teplitz will show you how to make every day that way through actual tools and techniques that will increase your energy level resulting in more effective leadership capabilities.

Schedule

12:30 P.M. **Registration**

1:00 P.M. **Education**

2:30 P.M. **Break**

2:45 P.M. **Education**

4:15 P.M. **Conclusion**

Cost:

CMAA Members \$35

Non-members \$45

Students \$10

education credits: 3 for Increasing Your Leadership Power While Managing Your Stress

Dress code: Country Club Casual

Please mail registration form and fees payable to: **Virginias Chapter, CMAA, 744 Bonair Circle, Lynchburg, VA 24503** no later than Wednesday, April 7, 2010. *Virginias Chapter members may also register online at www.virginiascmaa.org. For online registrations, fee should be mailed within 48 hours of registration.* Registration forms mailed after Wednesday, April 7th should also be emailed to vacmaa@comcast.net. **Cancellations must be received no later than Noon on Friday, April 9, 2010 to avoid registration fees.** Please email vacmaa@comcast.net with questions or to cancel.

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Club Name: _____

List names of CMAA members attending:

_____ CMAA# _____
_____ CMAA # _____
_____ CMAA # _____
_____ CMAA# _____

List names of non-CMAA members attending: _____ @ \$35/ ea. \$ _____

_____ @ \$45/ ea. \$ _____

Students Attending:

_____ CMAA# _____
_____ CMAA# _____
_____ CMAA# _____
_____ CMAA# _____

_____ @ \$10/ea. \$ _____

Total Enclosed: \$ _____

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